

# Horario de actividades dirigidas

Centro

Horario Completo



HORA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00	CYCLING VIRTUAL 07:30 - 08:15 - CYC	CYCLING VIRTUAL 07:30 - 08:15 - CYC	CYCLING VIRTUAL 07:30 - 08:15 - CYC	CYCLING VIRTUAL 07:30 - 08:15 - CYC	CYCLING VIRTUAL 07:30 - 08:15 - CYC		
08:00	CYCLING VIRTUAL 08:30 - 09:15 - CYC	CYCLING VIRTUAL 08:30 - 09:15 - CYC	CYCLING VIRTUAL 08:30 - 09:15 - CYC	CYCLING VIRTUAL 08:30 - 09:15 - CYC	CYCLING VIRTUAL 08:30 - 09:15 - CYC		
09:00	CAMPUS DE 09:00 - 10:00 - FUN VERANO	CAMPUS DE 09:00 - 10:00 - FUN VERANO	CAMPUS DE 09:00 - 10:00 - FUN VERANO	CAMPUS DE 09:00 - 10:00 - FUN VERANO	CAMPUS DE 09:00 - 10:00 - FUN VERANO	CYCLING VIRTUAL 09:30 - 10:15 - CYC	
	B.PUMP 09:30 - 10:20 - ST2	CYCLING 09:30 - 10:15 - CYC	B.PUMP 09:30 - 10:20 - ST2	CYCLING 09:30 - 10:15 - CYC	B.PUMP 09:30 - 10:20 - ST2		
	CYCLING VIRTUAL 09:30 - 10:15 - CYC	ZUMBA 09:30 - 10:20 - ST2	CYCLING VIRTUAL 09:30 - 10:15 - CYC	ZUMBA 09:30 - 10:20 - ST2	CYCLING VIRTUAL 09:30 - 10:15 - CYC		
10:00	CAMPUS DE 10:00 - 11:00 - FUN VERANO	CAMPUS DE 10:00 - 11:00 - FUN VERANO	CAMPUS DE 10:00 - 11:00 - FUN VERANO	CAMPUS DE 10:00 - 11:00 - FUN VERANO	CAMPUS DE 10:00 - 11:00 - FUN VERANO	CYCLING VIRTUAL 10:30 - 11:15 - CYC	
	CYCLING 10:30 - 11:15 - CYC	B.BALANCE 10:30 - 11:20 - ST1	CYCLING VIRTUAL 10:30 - 11:15 - CYC	B.BALANCE 10:30 - 11:20 - ST1	CYCLING 10:30 - 11:15 - CYC		
	PILATES 10:30 - 11:20 - ST2	CYCLING VIRTUAL 10:30 - 11:15 - CYC	PILATES 10:30 - 11:20 - ST2	CYCLING VIRTUAL 10:30 - 11:15 - CYC			
		MANTENTE EN 10:30 - 11:20 - ST2 FORMA		MANTENTE EN 10:30 - 11:20 - ST2 FORMA			
11:00	CAMPUS DE 11:00 - 12:00 - FUN VERANO	CAMPUS DE 11:00 - 12:00 - FUN VERANO	CAMPUS DE 11:00 - 12:00 - FUN VERANO	CAMPUS DE 11:00 - 12:00 - FUN VERANO	CAMPUS DE 11:00 - 12:00 - FUN VERANO	CYCLING VIRTUAL 11:30 - 12:15 - CYC	
	CYCLING VIRTUAL 11:30 - 12:15 - CYC	B.COMBAT 11:30 - 12:15 - ST2	CROSSTRaining 11:30 - 12:15 - ST2	B.COMBAT 11:30 - 12:15 - ST2	CYCLING VIRTUAL 11:30 - 12:15 - CYC		
	ZUMBA 11:30 - 12:20 - ST2	CYCLING VIRTUAL 11:30 - 12:15 - CYC	CYCLING VIRTUAL 11:30 - 12:15 - CYC	CYCLING VIRTUAL 11:30 - 12:10 - CYC	ZUMBA 11:30 - 12:20 - ST2		
12:00	CAMPUS DE 12:00 - 13:00 - FUN VERANO	CAMPUS DE 12:00 - 13:00 - FUN VERANO	CAMPUS DE 12:00 - 13:00 - FUN VERANO	CAMPUS DE 12:00 - 13:00 - FUN VERANO	CAMPUS DE 12:00 - 13:00 - FUN VERANO	CYCLING VIRTUAL 12:30 - 13:15 - CYC	
	CYCLING VIRTUAL 12:30 - 13:15 - CYC	CYCLING VIRTUAL 12:30 - 13:15 - CYC	CYCLING VIRTUAL 12:30 - 13:15 - CYC	CYCLING VIRTUAL 12:30 - 13:15 - CYC	CYCLING VIRTUAL 12:30 - 13:15 - CYC		
13:00	CAMPUS DE 13:00 - 14:00 - FUN VERANO	CAMPUS DE 13:00 - 14:00 - FUN VERANO	CAMPUS DE 13:00 - 14:00 - FUN VERANO	CAMPUS DE 13:00 - 14:00 - FUN VERANO	CAMPUS DE 13:00 - 14:00 - FUN VERANO		
	CYCLING VIRTUAL 13:30 - 14:15 - CYC	CYCLING VIRTUAL 13:30 - 14:15 - CYC	CYCLING VIRTUAL 13:30 - 14:15 - CYC	CYCLING VIRTUAL 13:30 - 14:15 - CYC	CYCLING VIRTUAL 13:30 - 14:15 - CYC		
14:00	CYCLING VIRTUAL 14:30 - 15:15 - CYC	CYCLING VIRTUAL 14:30 - 15:15 - CYC	CYCLING VIRTUAL 14:30 - 15:15 - CYC	CYCLING VIRTUAL 14:30 - 15:15 - CYC	CYCLING VIRTUAL 14:30 - 15:15 - CYC		
15:00	CYCLING VIRTUAL 15:30 - 16:15 - CYC	CYCLING VIRTUAL 15:30 - 16:15 - CYC	CYCLING VIRTUAL 15:30 - 16:15 - CYC	CYCLING VIRTUAL 15:30 - 16:15 - CYC	CYCLING VIRTUAL 15:30 - 16:15 - CYC		
16:00	CYCLING VIRTUAL 16:30 - 17:15 - CYC	CYCLING VIRTUAL 16:30 - 17:15 - CYC	CYCLING VIRTUAL 16:30 - 17:15 - CYC	CYCLING VIRTUAL 16:30 - 17:15 - CYC	CYCLING VIRTUAL 16:30 - 17:15 - CYC		
17:00	CYCLING VIRTUAL 17:30 - 18:15 - CYC	CYCLING VIRTUAL 17:30 - 18:15 - CYC	CYCLING VIRTUAL 17:30 - 18:15 - CYC	CYCLING VIRTUAL 17:30 - 18:15 - CYC	CYCLING VIRTUAL 17:30 - 18:15 - CYC		
18:00	B.PUMP 18:00 - 18:50 - ST2	CROSSTRaining 18:00 - 18:50 - FUN	FIT BOXING 18:00 - 18:25 - FUN	CROSSTRaining 18:00 - 18:50 - FUN	B.PUMP 18:00 - 18:50 - ST2		
	FIT BOXING 18:00 - 18:25 - FUN	FITNESS KIDS 18:00 - 18:55 - ST1	LUDOTECA 18:00 - 19:00 - FUN	FITNESS KIDS 18:00 - 18:55 - ST1	LUDOTECA 18:00 - 19:00 - FUN		
	LUDOTECA 18:00 - 19:00 - FUN	ZUMBA 18:00 - 18:50 - ST2	MANTENTE EN 18:00 - 18:50 - ST2 FORMA	ZUMBA 18:00 - 18:50 - ST2			
	FUNCTIONAL 18:30 - 18:55 - FUN	CYCLING VIRTUAL 18:30 - 19:15 - CYC	FUNCTIONAL 18:30 - 18:55 - FUN	CYCLING VIRTUAL 18:30 - 19:15 - CYC			

# Horario de actividades dirigidas

Centro



HORA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
19:00	ABDOMINALES 19:00 - 19:25 - FUN	B.COMBAT 19:00 - 19:50 - ST2	ABDOMINALES 19:00 - 19:25 - FUN	B.COMBAT 19:00 - 19:50 - ST2	CYCLING 19:00 - 19:45 - CYC		
	CYCLING 19:00 - 19:45 - CYC	GAP 19:00 - 19:25 - FUN	CYCLING 19:00 - 19:45 - CYC	GAP 19:00 - 19:25 - FUN	LUDOTECA 19:00 - 20:00 - FUN		
	LUDOTECA 19:00 - 20:00 - FUN	LUDOTECA 19:00 - 20:00 - FUN	LUDOTECA 19:00 - 20:00 - FUN	LUDOTECA 19:00 - 20:00 - FUN			
	ZUMBA 19:00 - 19:50 - ST2	PILATES 19:00 - 19:50 - ST1	ZUMBA 19:00 - 19:50 - ST2	PILATES 19:00 - 19:50 - ST1			
	ESPALDA SANA 19:30 - 19:55 - ST1	CYCLING VIRTUAL 19:30 - 20:15 - CYC	ESPALDA SANA 19:30 - 19:55 - ST1	CYCLING VIRTUAL 19:30 - 20:15 - CYC			
	FUNCTIONAL 19:30 - 19:55 - FUN		FUNCTIONAL 19:30 - 19:55 - FUN				
20:00	B.BALANCE 20:00 - 20:50 - ST1	ABDOMINALES 20:00 - 20:25 - FUN	B.BALANCE 20:00 - 20:50 - ST1	ABDOMINALES 20:00 - 20:25 - FUN	CYCLING VIRTUAL 20:30 - 21:15 - CYC		
	B.COMBAT 20:00 - 20:50 - ST2	B.PUMP 20:00 - 20:50 - ST2	B.COMBAT 20:00 - 20:50 - ST2	B.PUMP 20:00 - 20:50 - ST2			
	LUDOTECA 20:00 - 21:00 - FUN	LUDOTECA 20:00 - 21:00 - FUN	LUDOTECA 20:00 - 21:00 - FUN	LUDOTECA 20:00 - 21:00 - FUN			
	CYCLING VIRTUAL 20:30 - 21:15 - CYC	CYCLING 20:30 - 21:15 - CYC	CYCLING VIRTUAL 20:30 - 21:15 - CYC	CYCLING VIRTUAL 20:30 - 21:15 - CYC			